

Health Matters

SPRING/SUMMER 2016

Santa Rosa
Memorial and UCSF
Benioff Children's
Hospitals:
Working Together

Unique Partnership
Expands Access
to Care

Relief from
Back Pain

25 Years of
Philanthropy

Read us online at
sjhnews.org/sonoma



St. Joseph Health 
Santa Rosa Memorial • Petaluma Valley



To find the right pediatrician for your family, visit stjoesonoma.org/Our-Doctors

Santa Rosa Memorial and UCSF Benioff Children's Hospitals Are Working Together to Bring World-Class Care to the North Bay

Longstanding relationship meets the health care needs of

St. Joseph Health, Santa Rosa Memorial Hospital and UCSF Benioff Children's Hospitals recently announced a joint venture to enhance and expand neonatal and pediatric services in Sonoma County and the greater North Bay region. Through this new affiliation, residents can expect greater availability of, and access to, inpatient and outpatient services at Santa Rosa Memorial Hospital.

Working and collaborating with UCSF is not new to Santa Rosa Memorial. In 2000, Santa Rosa Memorial established a relationship with UCSF to enhance services available in its Neonatal Intensive Care Unit (NICU). Now called the UCSF Intensive Care Nursery at Santa Rosa Memorial Hospital, the nursery offers the highest level of neonatal care in the North Bay area, and it is designated by California Children's Services (CCS) as a Level III Community Neonatal Intensive Care Unit for its ability to provide outstanding care to fragile, critically ill newborns. This prestigious designation is only given to hospitals that adhere to strict guidelines set forth by CCS. Nurseries must be equipped to treat a wide range of severe medical complications that can

affect premature and full-term infants, such as respiratory failure, neonatal sepsis and prenatal drug exposure.

The Intensive Care Nursery employs a multidisciplinary team of neonatal experts who are among the most highly skilled in the region. Among them are physicians, nurses, respiratory therapists, lactation specialists and other experts who have met the strict guidelines put forth by CCS for their ability to care for extremely fragile newborns affected by life-threatening medical conditions.

"Our affiliation with UCSF enables us to provide the North Bay community with the high-quality care one usually associates with a larger, academic medical center," says Alan Shotkin, the Intensive Care Nursery's medical director.



◀ A reunion between the Harrisons and neonatologist, Dr. Alan Shotkin, took place late last year. Erica and Dennis shared their gratitude for the staff's dedication and exceptional care provided to their entire family. As goodbyes were being said, Dennis shook Dr. Shotkin's hand and said, "I wish there [were words] greater than thank you."

Photos by Charlie Gesell

residents of Sonoma County and beyond.

This affiliation allows Santa Rosa Memorial Hospital to give the best possible care to families that face high-risk pregnancies, like Erica Harrison's. Erica was nearly 30 weeks pregnant with twins when the amniotic sac of one twin ruptured prematurely. This led to Erica's hospitalization for close observation.

Premature rupture of a baby's amniotic sac can lead to infection; more rarely, the cord may prolapse, or drop down, and become vulnerable to compression by the baby's head. Erica was three weeks into her stay at Santa Rosa Memorial Hospital when one twin's umbilical cord prolapsed.

Umbilical cord prolapse poses a serious risk to the baby, as the umbilical cord provides oxygen to the baby and carries away

waste. When this happens, the baby loses her supply of oxygen, and time becomes critical. Erica's obstetrician performed an emergency cesarean delivery, even though Layla weighed less than four pounds and Sophia weighed less than three.

Both babies, Layla and Sophia, were born on July 8, 2015. Due to her cord prolapse, baby Sophia was born without an adequate heart rate and needed to undergo a prolonged resuscitation by the neonatal team while still in the operating room. The neonatal team successfully stabilized Sophia's condition. "In situations like Erica's there is no time to waste," says Dr. Shotkin. "We are always ready to mobilize our entire team with little or no warning to provide optimal care for infants like Sophia who need urgent help."

While both babies are doing well, Sophia is at risk for developmental issues in the future because of her need for resuscitation as well as her low birth weight. As she grows, she will participate in the UCSF High-Risk Infant Follow-Up Program, another benefit of the partnership between Santa Rosa Memorial and UCSF. A multidisciplinary team of specialists will follow her neurological development and will help her obtain any related services she may need.

Sadly, one month after the family returned home, the Valley Fire struck their community and they were forced to evacuate their home. Like many other Lake County evacuees, the Harrison family experienced a terrifying evacuation. They made it out of Lake County

unharmful, but they lost their home to the Valley Fire.

"The Harrisons have undergone so much stress in the past year, experiencing both great joy and great loss," says Dr. Shotkin. "This is another reason our relationship with UCSF is so important to this community. Together, we are able to bring world-class care closer to our communities. This eases the strain and stress on families needing specialized obstetric, neonatal and pediatric care."

Check out stjoesonoma.org for more information on neonatal and pediatric care at Santa Rosa Memorial and Petaluma Valley hospitals.



Unique Partnership Expands Access to Care

St. Joseph Health and Petaluma Health Center have a unique partnership which enables both organizations to collaboratively fulfill their goals of expanding health care access to all, especially our most vulnerable neighbors. Together, they are creating a healthier Petaluma community.

Petaluma Health Center provides a wide range of preventive and health-sustaining services to tens of thousands of individuals and families, particularly those insured through government subsidized health insurance, the underinsured or uninsured. Patients of the health center benefit from dental services, nutrition and wellness courses, and various medical and mental health services.

Kathie Powell, CEO of Petaluma Health Center stated, “Petaluma Health Center is one of the largest providers of primary health services in the community. We have 27,000 patients and receive over 150,000 visits per year. We don’t turn anyone away. We eliminate barriers to care

for financial reasons, language reasons, transportation — for whatever reason a patient might have to not be able to go to a doctor.”

In addition to the variety of services that Petaluma Health Center provides, patients of the health center are also able to access St. Joseph Health hospitals and services.

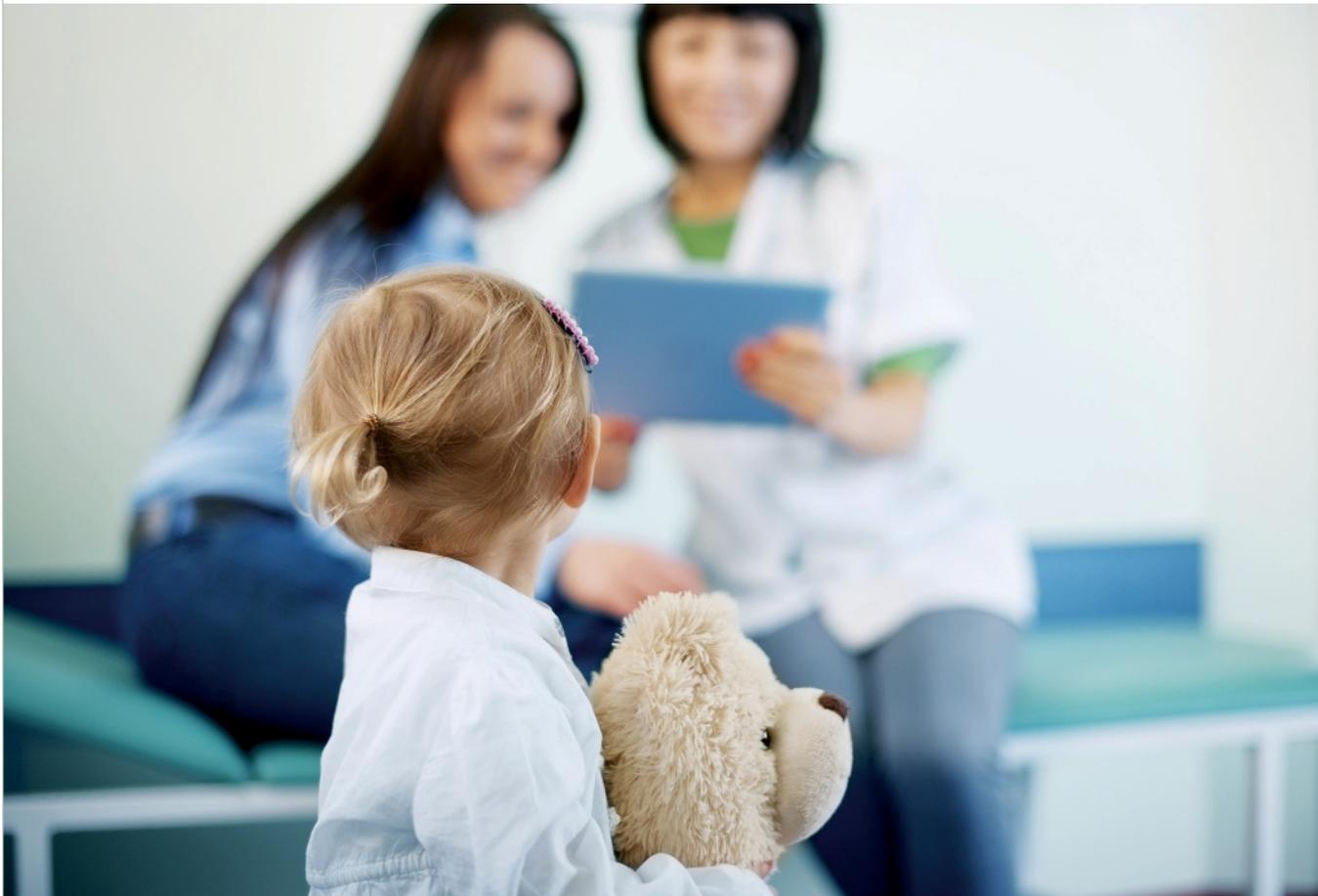
“Low-income and uninsured patients often have difficulty accessing specialty health care services outside of community health centers,” added Powell. “We’ve never had that issue with St. Joseph Health. If our patients need laboratory services, radiology, a trip to the emergency room, they’re

never turned away for inability to pay and they are treated just like everyone with great health insurance and high income. They’re treated like a human being.”

Caregivers at both Petaluma Health Center and St. Joseph Health collaboratively care for patients, ensuring that they are receiving the best care possible.

“St. Joseph Health keeps us apprised of everything that’s happening with our patients. It’s fantastic for the continuum of care,” stated Powell.

Together, St. Joseph Health and Petaluma Health Center diligently work to provide high-quality health care to the Petaluma community.



Learn more about St. Joseph Health’s partnerships within the Petaluma community by visiting www.stjoesonoma.org/PetalumaPartners.

Meet Sae Hee Ko, MD



Sae Hee Ko, MD

Annadel Medical Group recently welcomed Sae Hee Ko, MD, to Sonoma County. As a highly trained vascular surgeon, Dr. Ko's skills and expertise are a wonderful addition to the group as it continues to increase the expansion of medical specialties offered to residents throughout our Sonoma County communities.

Dr. Ko received her medical degree at Duke University Medical Center School of Medicine and finished her general surgery residency at University of Pittsburgh Department of Surgery in Philadelphia. Dr. Ko completed her fellowship in vascular and endovascular surgery at the University of California, San Diego. She is board-certified in general surgery and is a Registered Physician in Vascular Interpretation (RPVI). Her area of expertise includes all aspects of general surgery with special focus on:

- General surgery
- Minimally invasive surgery
- Vascular surgery
- Lower extremity peripheral vascular disease including diabetic problems
- Endovascular surgery
- Endovascular procedures (using catheters, wires, balloons and stents through small-access sites in the groin to improve blood flow)
- Wound care
- Dialysis access

Affiliated with St. Joseph Health, Santa Rosa Memorial and Petaluma Valley Hospitals, Dr. Ko is committed to providing comprehensive and compassionate vascular care.

Dr. Ko is accepting new patients at her outpatient office located at 121 Sotoyome St., Suite 203, in Santa Rosa.

To learn more about Annadel Medical Group vascular and endovascular services, visit annadelmedicalgroup.com.

To make an appointment with Dr. Ko, please call (707) 546-3141.

Check Out Our New Look Information Online, Anywhere, Anytime

Have you been to our new regional health services or Annadel Medical Group websites yet? Both websites were recently redesigned for a better patient experience and have a cleaner, brighter new look! Some of the benefits of our new websites include:

- Mobile friendly
- Online bill pay
- Classes & events registration
- Access to patient portals
- Online patient forms
- Easy navigation

If you haven't checked us out yet, try us today at stjoesonoma.org or annadelmedicalgroup.com.



Advanced Spinal Fusion Offers Relief From Back Pain

For many people with spinal and disc compression problems, resuming their normal activities relatively pain-free after years of discomfort may be within reach. Two local orthopaedic surgeons — Dr. Christian Athanassious and Dr. Alex Iezza — are using unique spinal fusion techniques to perform surgery at Santa Rosa Memorial Hospital that can be life-changing for many patients.



Christian Athanassious, MD



Dr. Alex Iezza, MD

“The surgery procedure is a minimally invasive lateral approach to access discs in the lumbar spine through the side of the body instead of through the back and front, with only small incisions being made,” explains Dr. Athanassious. “This allows for correction of the spaces between the discs and the relieving of stenosis, the narrowing of the nerves within the spine. There is much less injury to the soft tissue, and the muscles of the back are not disturbed, meaning a much shorter recovery.”

Dr. Iezza says most of his patients who are candidates for this type of surgery have degenerative disease in the spine, or the equivalent of

arthritis. “They are typically in their mid-50s and even much older,” he says. “They have pain radiating down the buttocks and legs, and some of them have problems standing or walking for more than a few minutes at a time.”

More than 80 percent of his patients who have undergone the procedure have found that it greatly improves their mobility and quality of life. “Most patients are very happy afterward and it results in a dramatic reduction in their pain. I’ve even performed this surgery on people in their 90s who are physiologically healthy enough to benefit from it.”

For many patients, the surgery requires two to four days of recovery in the hospital. Yet some go home after only one day.

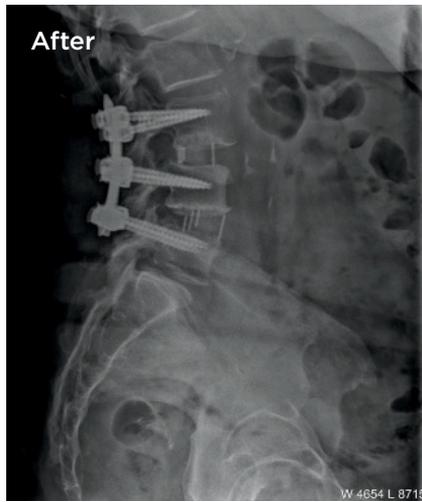
“Two days in the hospital after this type of surgery is average, and many of those patients return to normal walking and functioning on the same day of their procedure, with no brace required,” says Dr. Athanassious.

Kay Wilson is a recent patient of Dr. Athanassious who underwent the direct lateral approach of spinal fusion surgery in June 2015 after tolerating pain and numbness for years. “My right leg kept getting numb and I had hip pain,” she says. “I couldn’t stand for very long. Sometimes I could barely feel my leg.”

After consulting with Dr. Athanassious, 70-year-old Kay was identified as an ideal candidate for the surgery. “I thought at first that my age would be an issue and it would be difficult for me to heal quickly afterward. But I am blown away by how well I feel now, six months later. I asked the doctor, ‘Am I supposed to be feeling this good?’”

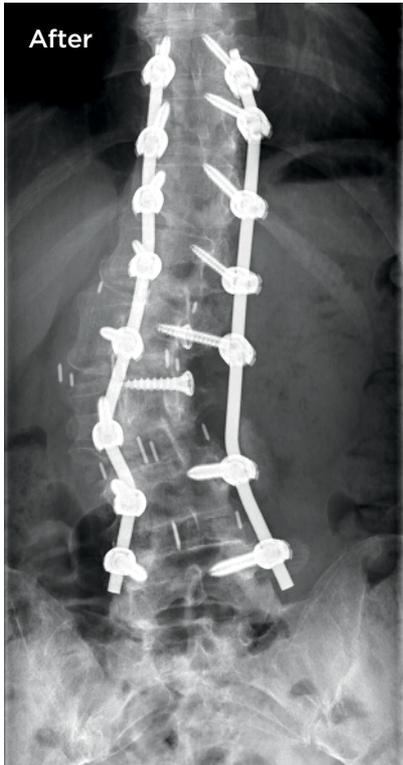
Kay even stands taller today than before her surgery. “My twin granddaughters used to be just a bit taller than me, and now they aren’t! I am so glad the surgery and the recovery are behind me now.”

Sometimes physicians themselves need the surgery. Edward West, 67, medical



◀ Kay Wilson underwent a direct lateral approach spinal fusion, enabling her to stand taller and find relief from chronic back pain.

▼ Julie De Caro's spinal fusion surgery vastly improved her scoliosis and pain from degenerated discs in her lower back.



◀ Dr. Edward West reported having “100-percent improvement” after undergoing a single-level fusion.

director of St. Joseph Health's three Urgent Care Centers in Sonoma County, underwent a single-level fusion in May 2015, performed by Dr. Iezza. “Before the surgery I was pretty close to being disabled, with bad pain down my leg all the time,” says Dr. West. “For two years I worked with a pain management physician who did everything he could for me, and I also tried other treatments.”

Dr. Iezza told Dr. West that the surgery could improve his condition by 80 to 95 percent. “But in reality, I've had 100-percent improvement,” says Dr. West. “I was in the hospital for only one night after surgery

and my recovery required taking only 16 Tylenol tablets total, and that was just for a couple of days. I had arranged to take two weeks off from work after the surgery, and it was all I needed. At my post-op visit at six weeks, Dr. Iezza told me I could resume all my normal activities, and I have.”

In September 2014, Julie De Caro underwent spinal fusion surgery performed by Dr. Iezza after living with scoliosis and degenerated discs in her lower back for many years. Today her condition is vastly improved, helping her enjoy a better quality of life. “I put my full trust in Dr. Iezza and in Memorial

Hospital,” she says. “I was born there, and my children were born there too.”

Patients who believe they might benefit from this type of minimally invasive spinal fusion surgery must first be thoroughly evaluated with x-rays and Magnetic Resonance Imaging (MRI) tests, according to the physicians.

“For some of these patients, surgery is an excellent option, and this lateral approach technique is a major improvement over traditional back surgery,” explains Dr. Iezza. “There is much less blood loss and trauma to the body, and patients tend to recover very quickly.”

Both Dr. Athanassios and Dr. Iezza have extensive residency and fellowship training in the use of minimally invasive techniques to treat the spine. Both physicians grew up in the area. Dr. Athanassios grew up in Northern California and graduated from Justin-Siena High School in Napa. Dr. Iezza grew up in Petaluma and graduated from Casa Grande High School.

[Learn more about our orthopedic services at www.stjoesonoma.org/ortho.](http://www.stjoesonoma.org/ortho)



25 Years of Philanthropy:

The Difference Between Good and Great

The Santa Rosa Memorial Hospital Foundation is celebrating a major milestone in 2016 — its 25th anniversary. Since the foundation’s inception in 1991, the community of Santa Rosa and surrounding areas have generously given over \$75 million to improve patient care and assure access to care for all in need.

The Santa Rosa Memorial Hospital Foundation was initiated by the hospital’s board of trustees to provide financial support for programs, services and activities that fulfill the mission of the hospital. The effort was led by three of the hospital’s most dedicated trustees — Al Maggini, Gene Traverso and Dr. John Reed. Al Maggini, the first foundation chair, enlisted the early support of Santa Rosa notables Henry Trione, Evert Person, Dorothe Hutchinson, Christine Pedroncelli, Jim Keegan, Tom Freeman,

Henry Mayo, Gary Bondi, John O’Brien and Debbie Meekins.

Al, who served as the foundation’s first chair and is still one of its most engaged members at 100 years of age said of his reasons for being a part of the foundation, “I believe that we have a fundamental obligation to the community to make certain that children and all persons in need have the best care and a chance at a full and healthy life. I am also very proud that we have been instrumental in bringing new technology and extraordinary clinicians to Santa Rosa. Bringing people together to make our community stronger brings meaning to many lives.”

“The foundation has played a part in transforming thousands of lives over the last 25 years,” said Andrea Learned, vice president of development for St. Joseph Health, Sonoma County. “The foundation builds lifelong relationships with

community members. Gifts of all sizes enable our hospitals and community programs to be the best. It’s thrilling to be around new science and exceptional clinicians, and to see the new medical advances we have been able to bring to Sonoma County.”

A few of the projects and equipment funded by philanthropy include: mobile medical and dental vans, special neighborhood clinics, the Round Barn linear accelerator, the James B. Keegan Palliative Care Center, the Norma and Evert Person Heart & Vascular Institute, the UCSF Neonatal Intensive Care Unit, multiple enlargements of the Emergency Department and Trauma Center, new nursing stations and oncology equipment, and state-of-the-art equipment for physicians and surgeons. These significant contributions have been made possible because of the extraordinary support of

people from every part of this amazing community.

Debbie Meekins, the foundation’s current chair shared, “We have decided to kick off a \$25 million drive in 2016 which will focus on what we call the ‘Four C’s’: Cancer, Cardiac, Compassionate Care, and New Clinicians and Technology. We have strong leadership with Todd Salnas as president of St. Joseph Health, Sonoma County. With the engagement of our physicians we are confident that we can meet the challenges of providing the finest health care possible with sustained community support.

“As the Memorial Hospital Foundation looks back on 25 years of philanthropy we salute the many community members who have made a commitment to excellence in medical care for all.”

You can donate at
www.stjoesonoma.org/donate.

Classes and Events

SPRING/SUMMER 2016

REGISTER TODAY
CALL (877) 449-DOCS
OR (877) 449-3627

Life Learning Center
1144 Montgomery Drive
Santa Rosa, CA 95405
(707) 547-4614

Santa Rosa Memorial Hospital
Conference Rooms A - D
(beside cafeteria)
1165 Montgomery Drive
Santa Rosa, CA 95405
(707) 525-5300

Petaluma Valley Hospital
400 North McDowell Blvd.
Petaluma, CA 94954
(707) 778-1111



PRENATAL EDUCATION

Breastfeeding

Mondays: 7 - 9 p.m.

May 23, June 27, August 29

Santa Rosa Memorial Hospital's
Conference Room D

\$20, includes mom and coach

For more information, call (707) 522-1544.

Childbirth Condensed Classes

Saturdays: 10 a.m. - 6 p.m.

May 28, July 30

Santa Rosa Memorial Hospital's
Conference Room B or C

\$100, includes mom and coach

For more information, call (707) 522-1544.

Childbirth Education Series

Mondays: 7 - 9 p.m.

May 2, 9, 16, 23

June 6, 13, 20, 27

July 11, 18, 25 and August 1

Santa Rosa Memorial Hospital's
Conference Room B

\$120 total, includes mom and coach

Four consecutive classes. For more
information, call (707) 522-1544.

Family Birth Center Tour

Wednesdays: 7 - 8 p.m.

Saturdays: 9:30 - 10:30 a.m.

May 4, 14, 18, 28

June 1, 11, 15, 25, 29

July 2, 6, 16, 20, 30

Please call (707) 522-1544 or check
stjoesonoma.org for details on where
the tour meets and starts. Tours are by
appointment only.

Infant CPR & Safety

Tuesdays: 7 - 10 p.m.

May 3, June 7, July 5, August 2

Santa Rosa Memorial Hospital's
Conference Room B

\$25 per person, NICU parent's fee waived.

For more information, call (707) 522-1544.

INJURY PREVENTION

Car Seat Safety Check

Seventy-five percent of car seats are
installed incorrectly. Is your child riding in
one? Safe Kids Sonoma County offers a
free bilingual car seat fitting station twice
per month. Appointments are necessary.

For more information or to make an
appointment, call (800) 427-8982.

ORTHOPEDIC HEALTH

Total Joint Replacement

Wednesdays: 3 - 5 p.m.

May 4, 18

June 1, 15

July 6, 20

August 3, 17

Conference Rooms C - D

Join us for this free two-hour class, offered
twice each month, to learn about the
pre-surgical, surgical and recovery process
after a knee or hip replacement. Spouses,
family members and friends are welcome.

For more information, call Jessica Kerger, RN,
BSN, at (707) 523-2663 or (707) 523-BONE.

CANCER SURVIVORSHIP PROGRAMS

Art From the Heart

First Tuesday of each month:

5 - 7 p.m.

May 3, June 7, July 5, August 2

121 Sotoyome St.

2nd Floor Meeting Room, Santa Rosa
St. Joseph Health Regional Cancer Care

is offering a free open art studio/art
classes that promote healing through
creativity for patients who are currently
receiving cancer treatment or have
completed cancer treatment. Please call
Sharon Doughty for more information
at (707) 525-6131.

Gentle Yoga

Every Tuesday: 10:30 a.m. - noon

Three Dog Yoga, 1617 Terrace Way,
Santa Rosa

St. Joseph Health Regional Cancer Care
is sponsoring free, gentle and therapeutic
yoga classes for patients who are currently
receiving cancer treatment or have
completed cancer treatment. Please call
Sharon Doughty for more information at
(707) 525-6131.

Living Well with Cancer

Every Thursday: 10:30 a.m. - 12 p.m.

Three Dog Yoga, 1617 Terrace Way,
Santa Rosa

St. Joseph Health Regional Cancer Care
is sponsoring a free cancer support
community and gentle yoga for those
who are living with cancer. Please call
Sharon Doughty for more information
at (707) 525-6131.

CELEBRATE WITH A CAUSE

21st Annual Keegan Leadership Series

Tuesday, May 10: 11 a.m. - 1:30 p.m.

Double Tree Hotel, Rohnert Park

The Leadership Series seeks to inspire
others to serve our community as

James and Billie Keegan so generously
did for more than 50 years. This annual
spring luncheon brings education and
information to Sonoma County through
local and national public speakers.

Each year, outstanding community
leaders are recognized who exemplify
the Keegans' philosophy of giving back
to the community. Proceeds benefit
Palliative Care at Memorial.

Keynote speaker: James van Hoften,
former astronaut for NASA.

For information, call (707) 547-4680
or visit GivetoMemorial.org.

Gene and Evelyn Benedetti Leadership Celebration

Saturday, May 7: 5 p.m.

Petaluma Valley Hospital campus, Petaluma

This inspiring event recognizes the legacy
of care for the community that Gene
and Evelyn Benedetti modeled so clearly
during their lifetimes, while honoring
exemplary individuals who demonstrate
leadership and generosity on behalf of
Petaluma. Proceeds benefit Petaluma
Valley Hospital by funding investments
in equipment and medical devices.

For more information, call Wendy Langley
at (707) 547-4679.

FREE MEDICARE SEMINARS

Understanding Medicare

Turning 65? Help eliminate the confusion and guesswork
around Medicare by attending one of our no-cost education
meetings. You'll learn about the different parts of Medicare,
enrollment windows and timing. Make your reservation
online at stjhs.org/medicare or call (877) 449-3627.

Hearing impairment, call: TTY (949) 381-4947.

Petaluma Valley Hospital, Groverman Hall
Santa Rosa Memorial Hospital, Conference Room, next to cafeteria
Call for class times and dates.

Medicare Benefits

Covered by Medicare? Join our informative, no-pressure
meeting where health plan benefits will be compared so you
can determine the best plan for you. Make your reservation
online at stjhs.org/medicare or call (877) 449-3627.

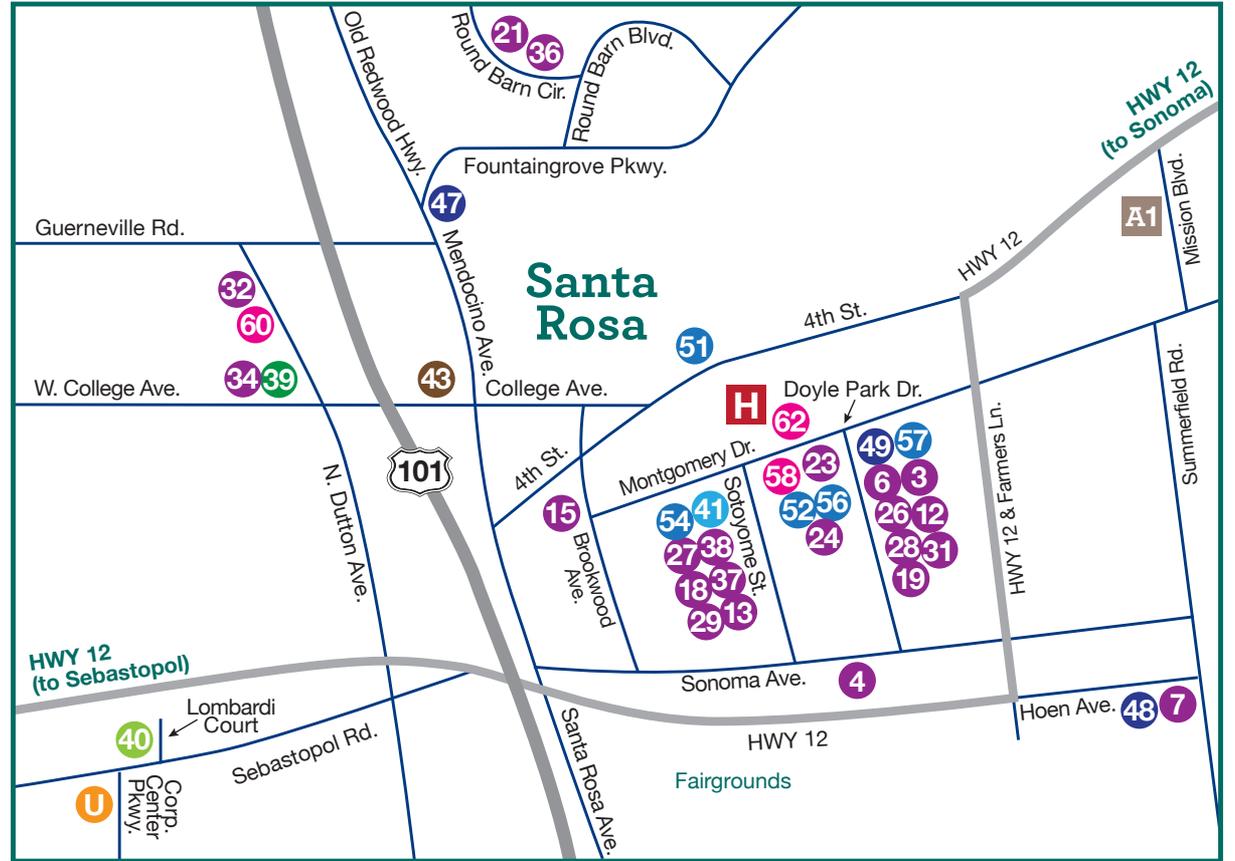
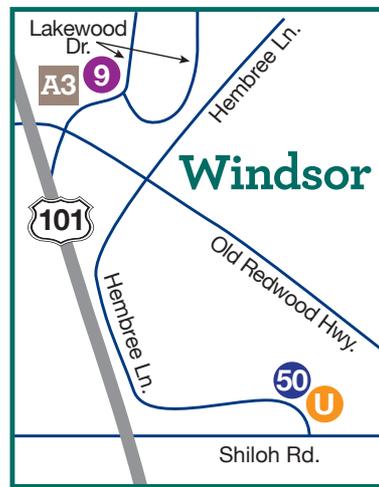
Hearing impairment, call: TTY (949) 381-4947.

Petaluma Valley Hospital, Groverman Hall
Santa Rosa Memorial Hospital, Conference Room, next to cafeteria
Call for class times and dates.



In Your Neighborhood

St. Joseph Health's services continue to evolve to meet the needs of our communities and the North Coast region of California. The breadth of care we provide or help to support reflects our founders' centuries-old mission: to go out into area neighborhoods, assess the people's needs, and work in partnership with others to meet these needs. For more information, please visit www.StJoeSonoma.org.



AWARDS:

CANCER CARE



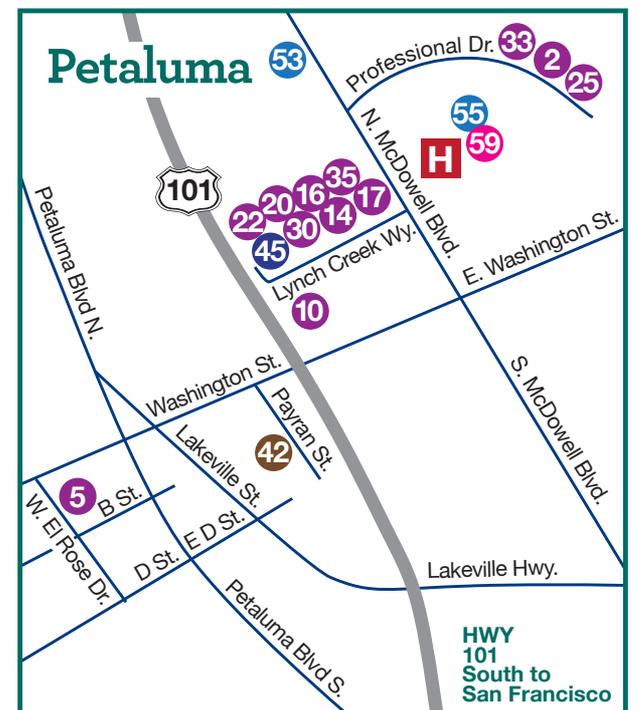
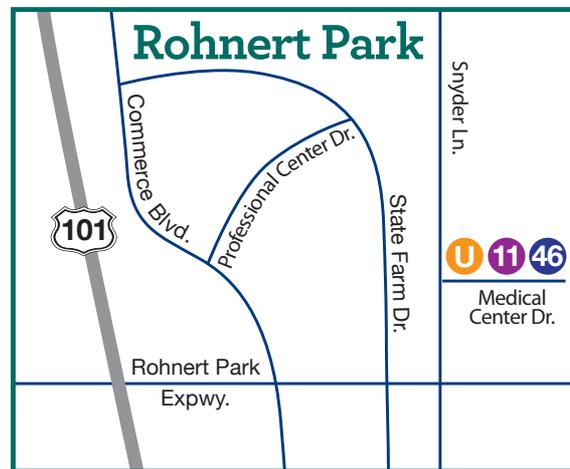
CARDIAC CARE



STROKE CARE



ORTHOPEDIC CARE



HOSPITALS

H Santa Rosa Memorial Hospital
1165 Montgomery Dr.
Santa Rosa, CA 95405
(707) 546-3210

H Petaluma Valley Hospital
400 N. McDowell Blvd.
Petaluma, CA 94954
(707) 778-1111

URGENT CARE CENTERS

U Rohnert Park Urgent Care
1450 Medical Center Dr.
Rohnert Park, CA 94928
(707) 584-0672

U Santa Rosa Urgent Care
925 Corporate Center Pkwy., Suite A
Santa Rosa, CA 95407
(707) 543-2000

U Windsor Urgent Care
6580 Hembree Lane, Suite 270
Windsor, CA 95492
(707) 838-2044

AFTER HOURS CARE

A1 After Hours Care - Santa Rosa
52 Mission Circle, Suite 121
Santa Rosa, CA 95409
(707) 303-1712

A2 After Hours Care - Sebastopol
652 Petaluma Ave., Suite B
Sebastopol, CA 95472
(707) 823-7616

A3 After Hours Care - Windsor
8911 Lakewood Dr., Suite 13
Windsor, CA 95492
(707) 387-3910

ANNADEL MEDICAL GROUP**PRIMARY CARE**

1 Pediatrics - Healdsburg
445 March Ave., Suite A
Healdsburg, CA 95448
(707) 433-8223

2 Pediatrics - Petaluma
1550-A Professional Center Dr.
Suite 200
Petaluma, CA 94954
(707) 769-7403

3 Pediatrics - Santa Rosa
500 Doyle Park Dr., Suite 100
Santa Rosa, CA 95405
(707) 544-6090

4 Pediatrics (Behavioral & Developmental)
1144 Sonoma Ave., Suite 113
Santa Rosa, CA 95405
(707) 545-2082

5 Family Medicine - Petaluma
24 W. El Rose Dr.
Petaluma, CA 94952
(707) 763-9891

6 Family Medicine - Santa Rosa
500 Doyle Park Dr., Suite G04
Santa Rosa, CA 95405
(707) 303-8360

7 4750 Hoen Ave.
Santa Rosa, CA 95405
(707) 542-1611

8 Family Medicine - Sebastopol
652 Petaluma Ave., Suite B
Sebastopol, CA 95472
(707) 823-7616

9 Family Medicine - Windsor
8911 Lakewood Dr., Suite 13
Windsor, CA 95492
(707) 387-3910

10 Internal Medicine - Petaluma
141 Lynch Creek Way, Suite C
Petaluma, CA 94954
(707) 763-0802

11 Internal Medicine - Rohnert Park
1450 Medical Center Dr., Suite 3A
Rohnert Park, CA 94928
(707) 387-3925

12 Internal Medicine - Santa Rosa
500 Doyle Park Dr.
Santa Rosa, CA 95405
Suite 300: (707) 303-8344
Suite 303: (707) 303-8300
Suite 304: (707) 545-1700

**ANNADEL MEDICAL GROUP
SPECIALTY CARE**

13 Breast Surgery
121 Sotoyome St., Suite 203
Santa Rosa, CA 95405
(707) 525-6180

14 Cardiology
108 Lynch Creek Way, Suite 2
Petaluma, CA 94954
(707) 762-5078

15 Digestive Care/Gastroenterology
85 Brookwood Ave., Suite 10
Santa Rosa, CA 95404
(707) 303-8349

16 Ear, Nose and Throat
108 Lynch Creek Way, Suite 7
Petaluma, CA 94954
(707) 303-8357

17 General Surgery
106 Lynch Creek Way, Suite 9B
Petaluma, CA 94954
(707) 763-1575

18 Genetic Counseling
121 Sotoyome St., Suite 203
Santa Rosa, CA 95405
(707) 525-6180

19 Infectious Disease
500 Doyle Park Dr., Suite 106A
Santa Rosa, CA 95405
(707) 303-8309

20 Medical Oncology
110 Lynch Creek Way, Suite A
Petaluma, CA 94954
(707) 763-0600

21 3555 Round Barn Circle, Suite 100
Santa Rosa, CA 95403
(707) 528-1050

22 Nephrology
108 Lynch Creek Way, Suite 2
Petaluma, CA 94954
(707) 765-3343

23 Neurology
1194 Montgomery Ave.
Santa Rosa, CA 95405
(707) 303-1714

24 Neurosurgery
525 Doyle Park Dr., Suite 102
Santa Rosa, CA 95405
(707) 523-1873

25 Obstetrics & Gynecology
1550-A Professional Dr., Suite 100
Petaluma, CA 94954
(707) 763-2900

26 500 Doyle Park Dr., Suite G06
Santa Rosa, CA 95405
(707) 303-1719

27 Orthopedic Surgery
121 Sotoyome St., Suite 101
Santa Rosa, CA 95405
(707) 525-6620

28 Palliative Care
500 Doyle Park Dr., Suite G04
Santa Rosa, CA 95405
(707) 573-8984

29 Primary Care Oncology & Survivorship
121 Sotoyome St., Suite 203
Santa Rosa, CA 95405
(707) 525-6623

30 Podiatry
108 Lynch Creek Way, Suite 3
Petaluma, CA 94954
(707) 763-2253 or
(707) 789-0900

31 500 Doyle Park Dr., Suite 106A
Santa Rosa, CA 95405
(707) 789-0900

32 Psychiatry
1335 N. Dutton Ave.
Santa Rosa, CA 95401
(707) 579-8703

33 Pulmonology & Sleep Medicine
1476 Professional Dr., Suite 504
Petaluma, CA 94954
(707) 526-3500

34 585 West College Ave., Suite A
Santa Rosa, CA 95401
(707) 526-3500

35 Radiation Oncology
110 Lynch Creek Way, Suite A
Petaluma, CA 94954
(707) 763-0600

36 3555 Round Barn Circle, Suite 100
Santa Rosa, CA 95403
(707) 528-1050

37 Urology
121 Sotoyome St., Suite 201
Santa Rosa, CA 95405
(707) 525-4051

38 Vascular Surgery
121 Sotoyome St., Suite 203
Santa Rosa, CA 95405
(707) 546-3141

BEHAVIORAL HEALTH

39 Outpatient Behavioral Health
405 W. College Ave., Suite F
Santa Rosa, CA 95401
(707) 547-5450

DENTAL CARE

40 St. Joseph Dental Clinic
Lombardi Ct., Suite A
Santa Rosa, CA 95407
(707) 547-2221

HOME CARE

41 St. Joseph Home Care Network
151 Sotoyome St.
Santa Rosa, CA 95405
(707) 206-9124

HOSPICE SERVICES

42 Hospice of Petaluma
416 Payran St.
Petaluma, CA 94952
(707) 778-6242

43 Memorial Hospice
439 College Ave.
Santa Rosa, CA 95401
(707) 568-1094

44 North County Hospice
205 East St.
Healdsburg, CA 95448
(707) 431-1135

LAB CENTERS-DRAW STATIONS

45 110 Lynch Creek Way, Suite B
Petaluma, CA 94954
(707) 778-2749

46 1450 Medical Center Dr., Suite 1
Rohnert Park, CA 94928
(707) 521-6450

47 3536 Mendocino Ave., Suite 300A
Santa Rosa, CA 95403
(707) 528-3049

48 4731 Hoen Ave., Suite B
Santa Rosa, CA 95405
(707) 528-2238

49 500 Doyle Park Dr., Suite G01
Santa Rosa, CA 95405
(707) 525-5270

50 6580 Hembree Lane, Suite 270
Windsor, CA 95492
(707) 838-2455

**OUTPATIENT DIAGNOSTICS
& SURGERY**

51 Advanced Surgery Institute
1739 4th St.
Santa Rosa, CA 95404
(707) 528-6331

52 Ambulatory Surgery Center
525 Doyle Park Dr.
Santa Rosa, CA 95405
(707) 547-4600

53 North Bay Endoscopy Center
1383 N. McDowell Blvd.
Petaluma, CA 94954
(707) 766-9852

54 Outpatient Imaging
121 Sotoyome Dr.
Santa Rosa, CA 95405
(707) 525-4040

55 400 N. McDowell Blvd.
Petaluma, CA 94954
(707) 778-2555

56 Outpatient X-Ray
500 Doyle Park Dr., Suite G01
Santa Rosa, CA 95405
(707) 525-5369

57 St. Joseph Diagnostic Cardiology
500 Doyle Park Dr., Suite G03
Santa Rosa, CA 95405
(707) 547-4606

PHYSICAL THERAPY

58 Outpatient Physical Therapy
1170 Montgomery Dr.
Santa Rosa, CA 95405
(707) 542-4704

59 Petaluma Valley Hospital PT
400 N. McDowell Blvd.
Petaluma, CA 94954
(707) 778-2615

60 St. Joseph Health PT
1255 North Dutton Ave., Suite B
Santa Rosa, CA 95401
(707) 547-4618

61 West Sonoma County Hand and PT
968 Gravenstein Highway South
Sebastopol, CA 95472
(707) 824-8018

62 Outpatient Neurological Rehab
1165 Montgomery Dr.
Santa Rosa, CA 95405
(707) 525-5388



ST. JOSEPH HEALTH SYSTEM
3345 MICHELSON DRIVE
IRVINE, CA 92612

NON-PROFIT ORG.
U.S. POSTAGE
PAID
ST. JOSEPH
HEALTH SYSTEM

A Ministry founded by the Sisters of St. Joseph of Orange



St. Joseph Health 
Regional Cancer Care

EXPERT CANCER CARE, **CLOSE TO HOME.**

“
I'll Never Forget...
”

my first meeting with Dr. Norton after my diagnosis. She helped me feel comfortable with my disease and how we were going to treat it. Everyone at St. Joseph Health was so helpful. The doctors, the nurses, the office staff, even my anesthesiologist, all convinced me I was going to be okay. **And they were right.**

Charlene | Cancer Survivor
Crafty Crocheter

A Ministry founded by the Sisters of St. Joseph of Orange

Learn more about Charlene's story:
StJoeSonoma.org/Cancer